# **KEY THINGS YOU SHOULD KNOW ABOUT YOUR PLAN**

## **REVIEW YOUR COVERAGE**

Your insurance does not cover everything! Review your benefits before using the plan. There are limits and exclusions to your coverage.

## **CURRENT HEALTH CONDITIONS**

or injuries you have when arriving to Canada may not be eligible for coverage. Please contact us for more information.

## THE HEALTH PLAN OFFICE

is located on campus to assist you with your health plan questions or concerns.

### **FIND A DOCTOR**

or other medical provider on the website using the Provider Search Tool. Please visit Acadia Health Services when possible.

## YOUR HEALTH PLAN CARD

will be e-mailed to you and also available on the website for download 24/7. You need to present this card when seeing the doctor to avoid paying out of pocket.



Scan the QR Code to get your card.

## **SEE A DOCTOR**

Doctors are available on campus to treat your health concerns and prescribe medication. These campus doctors will accept your insurance so you do not have to pay out of pocket.

Acadia Student Health Services (Sept - May only) studenthealth@acadiau.ca | Tel: 902.585.1238



## It is important to check in on vour mental health.

If you are feeling sad, lonely or having trouble adjusting you can speak privately to a professional counsellor.

We encourage you to talk to someone and check-in on how you are feeling with the help from a counsellor through I.M. Well.

We have counsellors ready to talk to you through telephone. live chat and in-person. Download the I.M. Well mobile app for free.

We are here 24/7 including weekends and holidays. Counselling is available in over 200 languages.



















SU SUPPORTS

FOR INTERNATIONAL STUDENTS ENROLLED AT ACADIA UNIVERSITY

POLICY YEAR: 2023-2024

POLICY NUMBER: 99092

**POWERED BY:** 



**studentVIP** 

ASUSUPPORTS.CA







info@studentvip.ca



1-888-918-5056



902-585-2167

ASU SUPPORTS

tanya.comeau@acadiau.ca



301A Acadia Students' Centre 30 Highland Ave. Wolfville, NS B4P 2R5

www.asusupports.ca

Need Help? Use the Live Chat feature on our website

# Medical & Wellness Plan Summary

100% coverage up to \$1,000,000 CDN per year (unless otherwise stated)

MEDICAL				
Doctor / Surgeon / Specialist	Going to the doctor for a medical consultation, diagnosis or to prescribe medication for an illness or injury. Examples include ear infections, sore throat, cold and flu, headaches, stomach pain and other health concerns.			
Hospital	Visits to the hospital emergency room or admission to the hospital during a medical emergency. If your injury or illness is not an emergency and can wait to be treated, please visit the campus clinic instead.			
Immunizations \$25.00	For the injection only.			

MEDICAL TESTING				
Imaging	X-rays, CT Scans, MRI's and other medical imaging needed to diagnose and treat an injury or illness.			
Lab Tests	Blood work and other medical testing needed to diagnose and treat an injury or illness.			

MENTAL HEALTH & WELLNESS			
Counselling (outpatient) \$500	Visits to a licensed psychologist, counsellor.		
Hospitalization (inpatient) \$30,000 (lifetime max)	If you are hospitalized due to a mental health concern, your visit is covered up to \$30,000.		

If there are discrepancies between this document and the Policy, the Policy shall govern.

#### **PRESCRIPTIONS \$3,000**

Prescription 100%

Medication 100 day supply \$2.00 co-pay

WELLNESS				
Physiotherapy \$300	If you are injured and need care by a physiotherapist.			
Foot Care 50%	For custom orthopedic shoes or repairs			
Eye Exam \$100	To test your eyes and vision			

TRANSPORTATION					
Rideshare / Taxi \$125	Transportation costs to visit the hospital.				
Ambulance \$10,000	Emergency transportaiotn to the hospital by ambulance.				
Repatriation \$20,000	Airfare if you are sick and injured and need to return home (including an in flight medical attendant).				

International students who are also on the ASU Student Dental Plan have the following coverage:

	DENTAL - \$650 MAXIMUM					
Exams	Cleanings	X-Rays	Fillings	Extractions		
100%	100%	100%	100%	50%		

This is just a summary of coverage only. Additional benefits are available in the policy found online including limits and exclusions.



WANT MORE INFORMATION ABOUT YOUR COVERAGE?

## Scan the QR Code

to learn more details about your coverage, or ask a question from our plan experts.



Virtual online doctors, pharmacists, physiotherapists and even fitness classes available to you anywhere in Canada on the website or My Peak mobile app.

Visit the Direct2U Virtual Health Hub today.



Your free international student health and wellness mobile app. Download now to access health insurance, campus services, safety alerts and more.

Search: My Peak
Group code to register: ASUINTL

# Who is on the plan?

All international students studying at Acadia University are automatically on the plan and the fee is added to your student account.

## **Family Coverage**

You can opt-in your eligible family members for coverage during the opt-in period online at asusupports.ca.

An additional fee applies for family coverage.